

ANNUAL GENERAL REPORT APRIL 2018 – MARCH 2019

THE KINGS HEDGES FAMILY SUPPORT PROJECT



We have received support from the



Registered Charity No: 1107581

The Kings Hedges Family Support Project is a registered Charity that is governed by its Constitution dated 16th November 2004

**The Kings Hedges Family Support Project
c/o Browns Field Youth and Community Centre
31a Green End Rd
Cambridge, CB4 1RU**

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THE KINGS HEDGES FAMILY SUPPORT PROJECT MINUTES OF THE ANNUAL GENERAL MEETING – 18TH OCTOBER 2018

Attendance: Susan Lister, Pat Mackenzie, Gemma Goodfellow, Gary Dew (Cambs Fire), Luthfa Khatun (Cambridge City Council), Michele Wright (Meadows Child and Family Wing), Matthew Beams (Cambridge City Child and Family Centre), Steph Burwitz (ChYpPS), Renata Zirilli, Naomi Kewell, Maria Coco, Tom Kewell, Kelly Farrington, Elisa Bucliareyi.

Staff in attendance: Justina Gaikwad (minute taker), Jo Hunt, Marie Grimwood, Bernie Webb, Julie Wentworth, Hannah Chong, Tara Unsworth, Karen Doherty

Apologies: Sally Roden, Debbie Kaye, Beverly Clissold, Claire Brackley, Paul Connelly, Christine Trevorrow, Ellie Lee, Stef Martinsen-Barker, Christine O'Reilly, Kate Nation, Hannah O'Rourke, Sarah Calder, Fiona Brice, Helen Wootton, Cynthia Rowbury, Daniel Zeichner, Kathryn Hardy.

1. **Susan Lister chaired the meeting and welcomed all in attendance.**
2. **Minutes of the last AGM, 28th September 2017:** These were read and approved as an accurate account. Proposed by Pat MacKenzie and seconded by Luthfa Khatun.
3. **Presentation of the Annual Report:** Susan ensured all attendees had a copy of the report and read the Chair persons report, highlighting the Theory of Change work and asked if anyone had questions. Susan ended with a big thank you to all the staff for their dedication and work throughout the year.
4. **Financial Report:** Susan explained that the accounts have been approved by the Trustees and independently examined and said that a full set of accounts are readily available to anyone wishing to see them. There were no other questions raised on the accounts, so the accounts were formally adopted; proposed by Pat Mackenzie and seconded by Michele Wright
5. **Questions and discussion:** The opportunity was given to ask further questions. No further questions.
6. **Election of Officers and Trustees:** At this point Susan handed over to Jo Hunt for the following election process. Jo talked about the role of a trustee and asked those present to encourage new members to join.
 - **Chair Person: Susan Lister – Proposed by Michele Wright and seconded by Kelly Farrington.** The meeting was then handed back to Susan Lister for the following election process;
 - **Treasurer: Pat Mackenzie – Proposed by Susan Lister and seconded by Michele Wright**
 - **Secretary: Esperanza Fernandez Maguire – Proposed by Susan Lister and seconded by Pat Mackenzie**
 - **Trustees:** The following Trustees were voted on collectively – Renata Zirilli, Gemma Goodfellow, Sarah Bailey, Naomi Kewell, Maria Coco, Luthfa Khan and Junko Grant. Proposed by Susan Lister and seconded by Steph Burwitz.
7. **Next Committee Meeting –Wed 7th November 2018 7.30-9pm at Browns Field Youth and Community Centre.**
Susan thanked everyone for attending, invited everyone to stay for refreshments and formally closed the meeting. Jo showcased the new publicity and logo's and invited everyone to have a look and ask any questions over refreshments.

The Charity's Vision is: Confident parenting – Happier children

Our Values

We aim to help parents to feel confident to make the choices that are important to them

We work in a welcoming and non-judgmental way

Our staff are kind, approachable and knowledgeable

We help to reduce feelings of isolation and increase a sense of community and offer a high quality, safe place to play, relax and talk

We work actively with partners and connect families to them, ensuring they have access to relevant information and advice



The Charity operates over three days of the week for 50 weeks a year providing...

Mondays Together

The Fields Child and Family Centre

Wednesdays Together

North Cambridge Child and Family Centre

Thursdays Together

Browns Field Youth and Community Centre

The Charity's Objectives are:

- 1) To educate families and the public in better standards of childcare and in the importance of sound relationships between parents and children for the maintenance and enrichment of family life.
- 2) The relief of poverty and the provision of recreational facilities or other leisure time occupation in the interest of social welfare, with the objective of improving the conditions of life of persons having need of these facilities by reason of their youth, poverty or social and economic circumstances.

In planning our programme of activities each year, we have kept in mind the Charity Commission's general guidance on public benefit, and prevention and relief of poverty for the public benefit. The trustees always ensure that the programme of activities we undertake is in line with our charitable objectives and aims.

CHAIRPERSON'S REPORT 2018-2019

I have been involved in the Family Support Project since the very beginning, which was a LOT of years ago, and feel privileged to be involved in something that provides such vital support for parents and carers who are doing the hardest job in the world – bringing up children!

The year is always a busy one, with lots going on in all the Project locations. As usual numbers attending continue to be high, with lots of older siblings in the summer holidays. From users' feedback we feel that we continue to provide valuable support to families in Kings Hedges, East Chesterton and Abbey, and hope to be able to continue to do so. There have been many changes over the year, including the loss of one of our very long-standing Family Support Workers – Michele – who we wish well with all of her plans for the future. We've also had some interesting visitors and we have tried as always to respond to users' requests when we invite visitors into the Project, or arrange specialist sessions, details of which are in another section of the report. We might not always get it right, but we do try!

One of our biggest concerns, as always, has been the future of the Project as staff and the Committee look for ways to find future funding. Thanks to their hard work, and to Jo and Hannah in particular, we now have secure funding up to April next year and even a little way beyond.

The staff have worked hard, as always, providing signposting, someone to hold a screaming baby, advice, cups of tea, play activities, gardening skills, an adult-based conversation, music sessions, a shoulder to cry on, lunches, or just a friendly face, and the Committee would like to thank them for their dedication and express our appreciation. We are very aware that our greatest resource is our staff, and if we did not have such an outstanding and dedicated team, we would not be able to offer such a high quality and range of support to the families accessing the project. I would also like to thank the staff who are working away behind the scenes and are rarely seen by Project users. Their role is just as vital as the staff that users see every day, and we could not function without them, but they are often forgotten about, so Thank You Hannah, Justina and Julie.

Finally, I would like to thank everyone who has worked with the Project over the year, but particularly the members of the Management Committee, which includes one other member who has been with the Project since it began. They are a small, dedicated group who freely give their time and energy to help the Project continue and thrive, often struggling to find time with families and busy work schedules, and I am very grateful for their continued support. We would like to invite more people to join the committee, especially carers using the Project. We are a friendly group who meet about 3 times a year (with tea and biscuits and sometimes even cake!) and would love to have some new members.

STAFF

Staff for the year 2018-2019 were;

Project Manager	Jo Hunt
Family Support Workers	Michele Wright Marie Grimwood Karen Doherty Tara Unsworth Jacqui Barratt Suzie Buttress
Play Workers	Bernie Webb Duncan Gaffney
Fundraising & Development Worker	Hannah Chong
Administrator & Data Input	Justina Gaikwad
Book keeper	Julie Wentworth
Volunteers	Julie Wilson Angelina Muller Chantelle Sandy



TRUSTEES

Trustees are elected yearly at the Annual General Meeting. The elected trustees for 2018-2019 were;

Chair Person	Susan Lister
Treasurer	Patricia Mackenzie
Secretary	Esperanza Fernandez-Maguire
Committee Members	
Gary Dew	
Renata Zirilli	
Gemma Goodfellow	
Sarah Bailey	
Naomi Kewell	
Maria Coco	
Luthfa Khan	
Junko Grant	

Looking back over the last 12 months and what we planned to achieve, we have aimed to ensure that we remain what our communities want and need. We are extremely proud of our achievements and are excited to share this with our colleagues, partners, service users and funders.

2018-2019 - WHO HAVE WE WORKED WITH?

Overall 1470 individuals have attended our groups, broken down to;

667 Adults

679 0-3 year olds

124 aged 4 and over

Over the course of the year this amounted to **575 families** including **327 new families**.

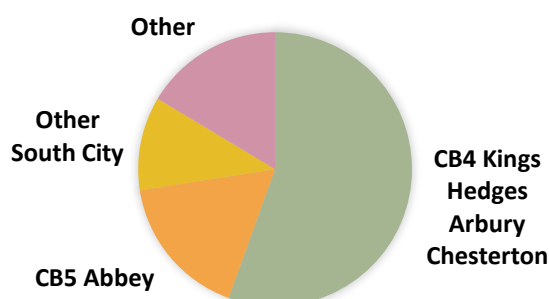
Through our surveys;

- 7% of responders were attending group for the first time, 67% attend every week, 20% attend once or twice a month, and 6% attend a few times throughout the year.
- 7% were attending for their first time, 31% of people had been attending for 1-6 months, 21% for 6-12 months and 41% for over a year. This shows that we are performing both an introductory service for new families but also providing an important opportunity for ongoing support and activities.

Due to the nature of our groups being open to ANY parent with a child of 3 years old and younger local to our venues we get a high level of diversity at our groups. Cambridge has both an embedded population (with regards to generations of families being born and spending their lives in the wards that we work in) and a transient one (with regards to families that may be studying or have short-term work contracts in the area) and we have been able to create an environment that welcomes all of these parents in one place.

We also make efforts to recognise and engage with those whose first language isn't English. We have many different cultures and nationalities that attend our groups including Spanish, Italian and Chinese families and often utilise the help of those bilingual parents that speak a strong level of English to explain and communicate how the groups work and to ensure they feel welcomed.

AREAS BENEFICIARIES LIVE IN



Our monitoring information shows that most families come to the groups from the areas that the groups are based in. However, we have seen a growth in the numbers of South City families attending, particularly to Mondays Together.

2018-2019 – WHAT HAVE WE DONE?

We have delivered 144 days of our family support drop-ins which can be broken down into the following;

Mondays Together at The Fields Child and Family Centre

45 10am-12.30pm & 1-3pm

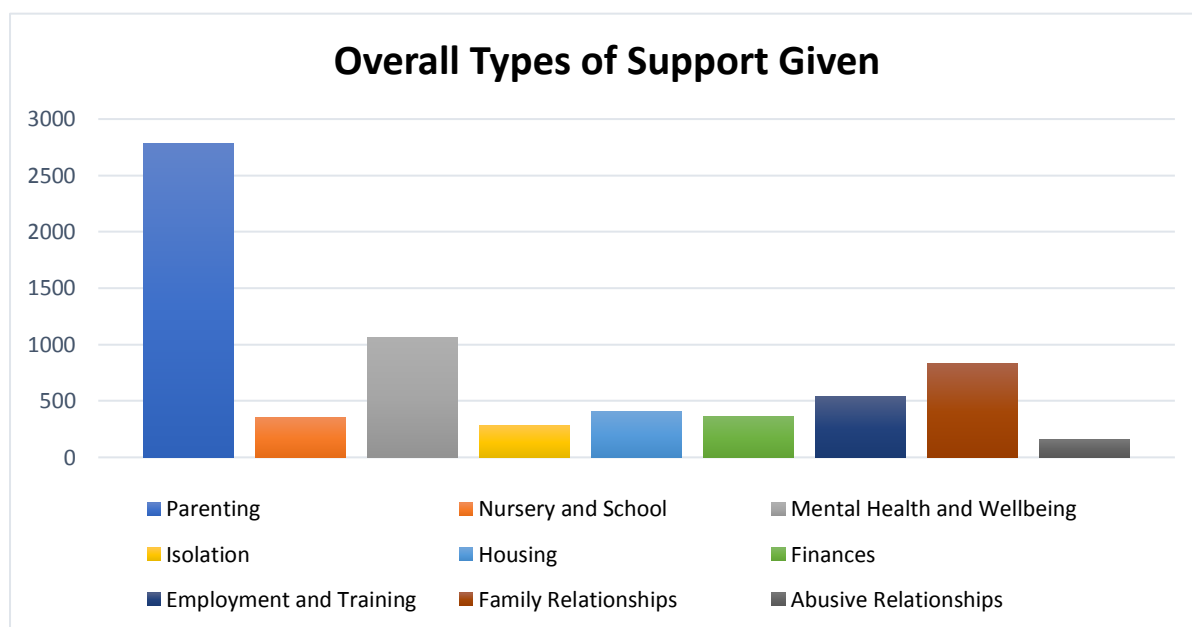
Wednesdays Together at The Fields Child and Family Centre

50 10am-12.30pm & 1-3pm

Thursdays Together at Browns Field Youth and Community Centre

49 10am-1pm (term time) and 10am-2pm (school holidays)

Groups have provided opportunities for families to access family support from our staff, whilst also offering opportunities for children to have active play and arts and crafts activities. Family Support Workers worked alongside families, helping them with any needs they presented with (see table below). Our afternoon groups have specifically supported parents with non-walking babies aged 0-1 years who often have different support needs to those with older children.



Healthy lunches were provided at every session, allowing opportunities for discussion around healthy eating along with the experience of sitting together and sharing food, helping to prepare children for attending nursery and school.

Families have enjoyed planned activities both inside and outside, including creative, messy and imaginative play, soft play, construction activities, reading and singing. Families have been encouraged to continue these activities at home and we have handouts available to take away with how to do many of them.



Parachute singing time is of course always popular with both children and parents!



Our Christmas Parties are always a highlight of the year for our families – every child was given a present (a book!) from Father Christmas who visited us during his busy schedule.

Our vegetable garden at Thursdays Together has also been a very popular aspect of the group – families have an opportunity to plant, grow and harvest fruit and vegetables which they can take home or have as part of our healthy lunches.



2018 – 2019 – WORKING WITH OTHERS

Where appropriate families have also been signposted and referred to other organisations to receive specific support. Referrals have included **Foodbank, Fairbite Food Club, The Freedom Programme, Housing Services, Central Aid, Anglia Law Clinic, Cambridge Re-Use, Citizens Advice, the Besom Project, Little Bundles, and Chums.**

In addition to the family support and activities on offer we have also invited several other professionals to join us including;

- Tiny Talk baby signing – 2 blocks of 6 sessions at our baby groups
- Zumba class once a month
- Community Fire Safety Champion – 6 visits
- Paediatric First Aid – 6 visits
- Oral Health – 2 visits
- Cambridgeshire Breastfeeding Alliance – 10 visits
- Suzi Gilbey, a financial inclusion officer from the City Council – 2 visits
- Anne from Cambridgeshire libraries – 3 visits



These have added additional learning and support opportunities for our families who may otherwise not have accessed it, whilst also creating some fun linked activities for the children to take part in.



Alongside the professional visitors that we have invited into group we have also built on our partnerships over the year. Highlights include;

Venues

Delivering our groups from 3 different venues mean that both our own staff and staff at the venues have a flexible, friendly and professional approach to working together. We continue to have strong and trusted relationships with The Fields Child and Family Centre, North Cambridge Child and Family Centre and Browns Field Youth and Community Centre. Having a small office base at Browns Field means that we are very much part of the community there.

Talking Together in Cambridgeshire – Literacy Project

In partnership with The Meadows Children and Family Wing and Playlanders Preschool and Nursery we were successful in securing funding for a 'Sharing Stories' project. There were 2 main elements to this, the first being 'borrowing boxes' within all groups from which parents can select and take home different resources to support early literacy. Resources include not only books but also puppets, masks, story and rhyme cards and wooden figures.

We've had some great feedback from these resources so far including;

"I have enjoyed interactive reading and the items inspire imagination"

"The items have helped me spend more time with my child. I remember reading this as a child and it was lovely to share it with our son"

"They (the child) have learnt new words and love reading even more!"



In addition to the borrowing boxes we also held one staff training (9 attendees) and three parent workshops (25 attendees) about sharing rhymes and stories. These were facilitated by Susan Lister (KHFSP chair of trustees and Playlanders Preschool and Nursery Manager) and were interactive workshops to help parents and staff get new ideas to support early literacy. All parents went home with a certificate and goody bag to continue their learning at home.



"I got some new ideas of making puppets"

"I enjoyed learning new methods for sharing stories"

"I learnt a few new rhymes and lots of ideas"

"It has been a very interesting and great opportunity to see the use of puppets, drawing and props in stories"

Cambridge City Foodbank and Fairbite

We were one of the organisations asked to make initial referrals for The Fairbite Food Club which Cambridge City Foodbank opened in June 2018. The Food Club is a membership 'shop' where customers pay £2 per visit to take a certain number of food items away. We have been able to refer several families experiencing food poverty but not necessarily in crisis and it appears to be a really positive and beneficial experience for them.

We can also issue Foodbank vouchers throughout the year to families in crisis and Cambridge City Food Bank also provided 130 food parcels for us to give out at our Christmas parties. Throughout the year they have also donated boxes of sanitary items which we are able to give out to our parents and to some extent help in tackling the period poverty agenda.

Cambridgeshire Breastfeeding Alliance

Justine and Maddie from Cambridgeshire Breastfeeding Alliance have visited both Mondays and Wednesdays Together baby groups on 8 occasions, allowing mums to access breastfeeding advice in their own 'space' rather than having to attend a breastfeeding clinic. This has worked out to be a beneficial partnership for all involved. Feedback from their attendance from mums includes;

"Very friendly, helpful experience"

"Interesting to hear about diet/allergens when breastfeeding"

"The advice that I got helped me so much. I understand more and have learnt many other techniques".



The Red Hen Project and The Meadows Children and Family Wing (MCFW)

We continue to support both MCFW and Red Hen and signpost both verbally and through our Facebook page our families to their services where relevant. The project managers of the projects meet and share experiences and information and see each other regularly at networking events.

Birth as a Medium for Change

This project is a partnership between local Doula's and Cambridgeshire County Council and arranges Doula support for women in adverse circumstances e.g. traumatic births, experiences of abuse, poor relationships with professional systems. The aim is to improve long term outcomes for both mother and baby and to decrease the need for interventions from mental health, health and social care services. The project approached us as a referring organisation and, with a good understanding of what they do, we are able to discuss this with any pregnant mothers that attend our group and make appropriate referrals after discussing the case with the professionals involved in the project (including Doulas and Clinicians). We are also somewhere that Doula's will either bring or signpost new mums to for ongoing support in the community following their involvement.

Anglia Law Clinic (ALC)

ALC have free 30-minute consultations available with trainee solicitors supported by fully qualified solicitors. These are for people needing legal advice around family issues (e.g. contact arrangements, family breakdown) and following consultation can be assisted further. Following a meeting with Sarah Calder from the Law Clinic we are now able to refer families who could benefit from this service and have so far referred 10 individuals formally, along with making self-referral information available at every group.

Japanese Universities

A previous parent in group has arranged some visits to our groups from students and professors from universities in Japan who are all studying childcare or teaching. They were shown round groups and also helped with some of the activities - they have really enjoyed their visits and have sent letters of thank you whilst also providing a donation.



Pennington Manches Cooper

Pennington Manches LLP chose us as their Charity of the Year and we are looking forward to working with them in the coming year when they will be funding a Play Worker post and Tesco vouchers to give to parents in crisis for fresh fruit and milk. They have raised nearly £200 through a bake sale and dress down day and the legal teams at Penningtons have also made their professional skills available if we have any queries about family's legal positions.



2018 – 2019 - COMMUNITY INVOLVEMENT: DEVELOPING ACTIVITIES AND VOLUNTEERING

We have always had a percentage of our trustee committee that are parents who attend group to ensure that they have a clear and recognised voice in decision making for the project. We also have opportunities available for all parents to give feedback and comments on all parts of the project, including comments books, chats with our play worker and family support staff and our feedback exercises.

We increased our volunteer engagement during the past year to 5 including 2 regular volunteer play workers at our Monday and Wednesday groups. Both volunteers are previous parents in group and understand the ethos and values of the project well. We have also had volunteers helping with transport, fundraising and managing a smaller funded project within group (Community Literacy Project- Talking Together).

All volunteers with the project are offered Time Credits in return for their valuable time, which they can use to 'spend' on community activities including trips to the cinema, booking community rooms (i.e. for children's parties) or the local children's climbing centre.



We also have many parents who help much more informally in groups, helping to tidy away, wash up and the general practical aspect of the groups. This is all part of the community aspect of the project and many parents like to feel like they are taking an active part in how the group runs.

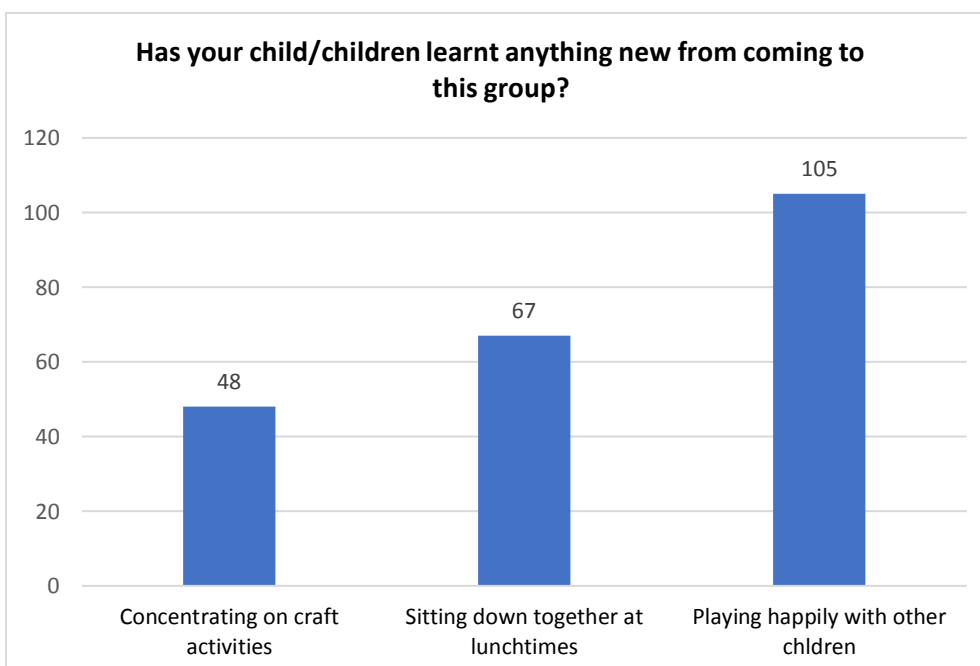
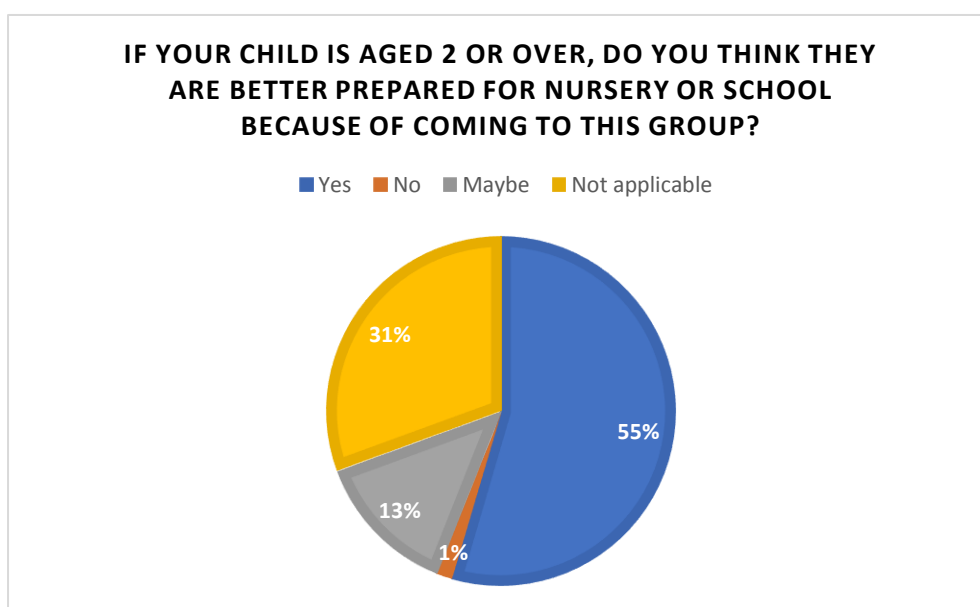
Our trial of different activities on Thursday afternoons (1-2pm) has included a Pound Fit exercise class in partnership with the Children and Young People's Participation Service for 7 weeks which a total 26 individuals took part in. Many of our parents tell us how difficult it is to find an accessible and affordable exercise class and note barriers including cost, transport and timing to fit around children's routines. As a result of these comments and interest from parents we were able to run these classes with a creche alongside which meant that mums were able to have 45 minutes doing something just for themselves!



Feedback from the classes included "I have better stamina, feel better and more energised" and "I feel fitter, I also feel very positive".

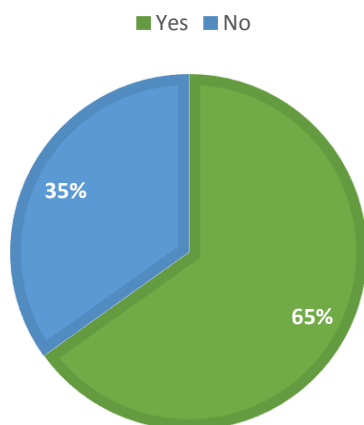
2018 – 2019 – OUTCOMES: WHAT DIFFERENCE DID WE MAKE?

In April 2018 we re-assessed our outcomes and developed some new ways of measuring them – primarily our evaluation survey - to ensure everything we are aiming to achieve is in line with our values. This year 151 parents filled out an evaluation survey for us and surveying happened over 3 separate weeks over the course of the year, using either paper or digital copies of forms in group or accessing the forms through our Facebook page.



Parents also commented that their children had benefited from singing songs together and the opportunity to access outside spaces to play in.

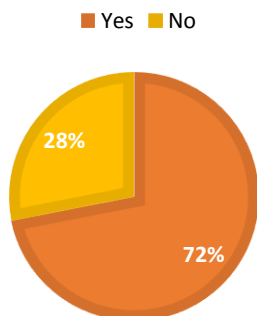
HAVE YOU RECEIVED INFORMATION, ADVICE OR TRAINING AT GROUP ON FAMILY HEALTH TOPICS?



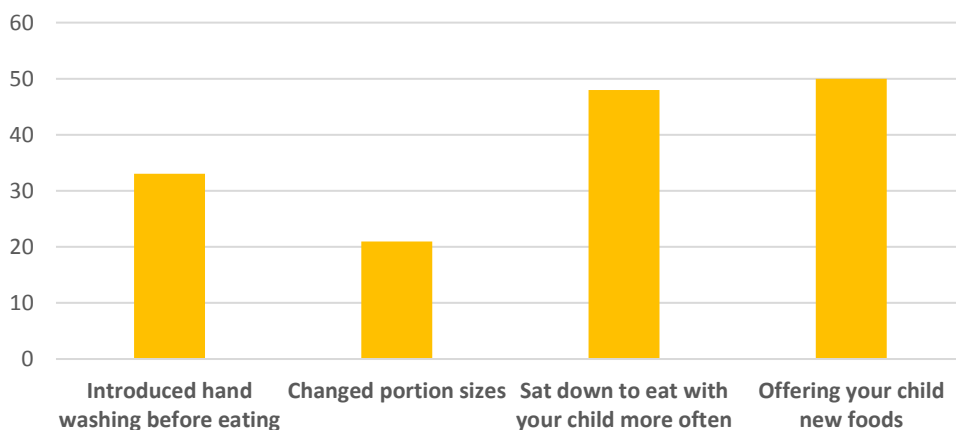
Benefits of this to families included:
 "New tooth brushing technique"
 "Trying to get better sleep"
 "Fire safety for our home"
 "Confidence"
 "Made it safer"
 "Helped me so we're happier"

98 people reported changes to eating habits at home because of attending the project.

DO YOU TAKE PART IN LUNCHES AT GROUP?



Have you made any changes at home as a result of joining in our lunchtimes



50% of people reported that they had received specific support such as phone calls, referrals, personalised support, letter writing, from our Family Support Workers. The impact of this for our families included:

"Gives me more confidence and reassurance"

"Feel more confident with my choices with my daughter"

"It has helped making sure I am stable and confident and de-stressed enough to be able to enjoy my family"

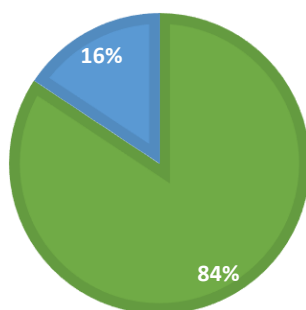
"Feeling that someone understands"

"Increase in network of support as we have no family here"

"This has made such a great difference, especially mentally and emotionally as we were very stressed, and the staff were very calming and helped us work through all our options"

BY ATTENDING THIS GROUP AND HAVING ACCESS TO OUR FAMILY SUPPORT STAFF WOULD YOU SAY THAT YOUR CONFIDENCE IN PARENTING HAS INCREASED?

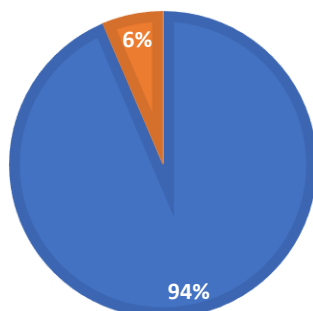
■ Yes ■ No

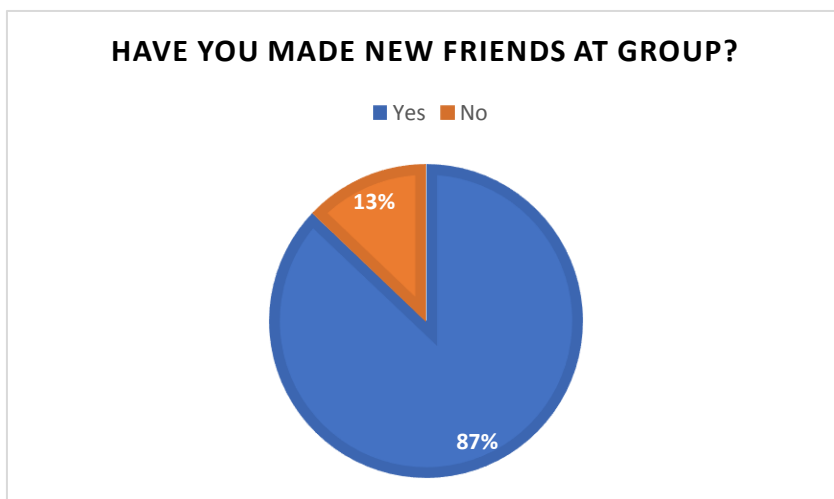


In addition 110 parents report that they have learnt new skills for playing with their children.

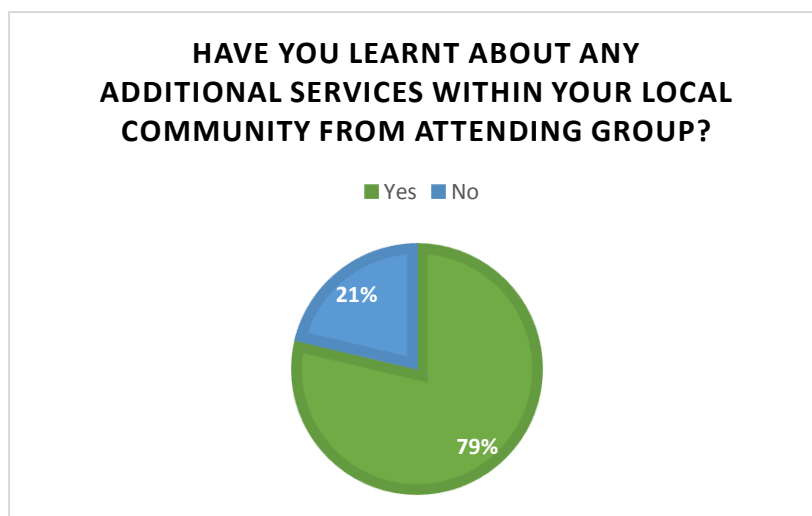
DO YOU FEEL HAPPIER ABOUT YOURSELF SINCE ATTENDING GROUP?

■ Yes ■ No





58% of people now also meet up with these new friends outside of the group setting.



30% of people had been helped with gaining new skills or getting information about returning to work or education whilst 8% reported that they have received specific support from FSWs around returning to work or training (e.g. help with applications, CV writing etc).

Given that many people would not have been ready to return to work yet or may already have a job and be on maternity leave, this shows that we are still managing to support a significant amount of people on this topic.



In addition to the information we have collected through our surveys the following case studies give a clear idea of the impact of our project;

Case Study 1

Parent A started attending Wednesdays Together as a new parent with her one-month old baby last year. A's mother used to attend KHFSP groups when A was a small child, so she knew it was a safe and friendly place to come when her baby was born. She has also been to our groups with younger family members as she was growing up and describes KHFSP as 'part of our family lifestyle'.

Since becoming a young parent, A has experienced low self-esteem, a lack of confidence and loneliness. On a practical level she has also experienced some housing and relationship issues.

In attending Wednesdays Together, A has made friends and enjoys sharing the ups and downs of being a new parent with others. She now also attends our Thursdays Together groups and has learnt about safe and appropriate ways of weaning her baby. She received support from family support workers around her housing needs, helping her to access more appropriate housing for her young family. She has also said that she felt supported with coping with her feelings of low confidence and mental health and has become a 'happier, healthier adult and more confident in my parenting skills'.

A's hopes for the future centre around being the best parent she can be. She wants to learn new skills and feels that she is doing this through the opportunities available to her within our groups.

Case Study 2

Parent S first came to Wednesdays Together in 2010 with her now 9-year-old child and was introduced to the groups by a Children's Centre worker. She now attends with her 3-year-old. S says that the most enjoyable thing about attending Wednesdays Together is 'interacting with parents and staff – they are always there to talk to if I have a problem'.

Throughout her time attending the group S has experienced domestic abuse, loneliness and anxiety – before attending the group S didn't feel that she ever left her house. Since attending she has grown in confidence, made friends and been helped to understand her children's development and behaviours.

When S was ready, we were able to make a referral for her to attend the Freedom Programme for women who have experienced domestic abuse. She has also received some financial and budgeting support from family support workers. The things that she identifies as being most helpful from attending group is the mental wellbeing support, supporting the children to sit and eat lunch and meeting other parents and getting support from them. S aspires to volunteer with the group when her youngest child attends school full time, and also to find suitable paid work. She has attended some courses to build up her skills through information available in group.

Case Study 3

Parent F first attended our baby group with R who was just a few weeks old. Her friend brought her along and she thought it would be helpful 'to gain support on my parenting journey with my first baby'.

Since R was born F has experienced some housing problems and is currently homeless. She has also had some relationship problems, both with her partner and family members. Whilst having a wonderfully loving attachment with her baby, her situation has added additional stressors and pressures to being a new parent.

F has been supported with letters and phone calls to the housing department and check phone calls when she has been unable to attend group. She feels that in attending the groups she has been given 'the strength and direction in a very difficult time and stopped me feeling alone'. She enjoys making friends and meeting other parents and looks forward to coming each week to lift her morale.

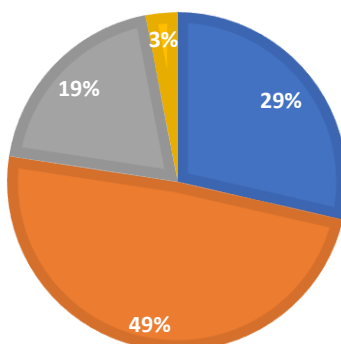
F hopes that she and her baby will soon be housed in a safe space. She feels that she is more able to deal with her situation as the result of attending the group and the support she receives.

THE PROJECT'S FINANCES

A copy of the full statutory accounts is available on request

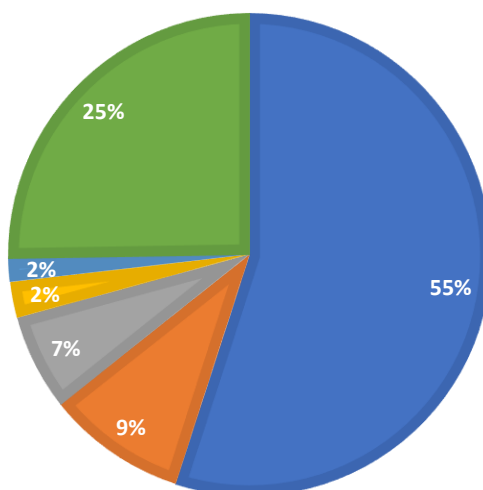
Project Income £119,887

- BLUE Funds brought forward £47,994
- RED Big Lottery Monday and Wednesday £81,988
- GREY Other grants £32,820 (Sobell Foundation £10,000, CCF £8,765, Camb City Council £3,604, Penningtons £3,051, Other £7,400)
- YELLOW Donations/Other £5,079 (Family donations £1,576, St Andrews £1,048, Fundraising events £1,186 Other £1,269)



Project Expenditure £125,480

- BLUE Staff salaries, training and recruitment £92,275
- RED Rent and Insurance £15,714
- GREY Project Costs £10,854
- GOLD Office Administration £4,017
- YELLOW Compliance and Professional fees £2,620
- GREEN Funds carried forward £42,401



FUTURE PLANS

We will always work within our values;

- We believe that confident parenting makes for happier children
- We aim to help parents to feel confident to make the choices that are important to them
- We work in a welcoming and non-judgemental way
- Our staff are kind, approachable and knowledgeable
- We help to reduce feelings of isolation and increase a sense of community and offer a high quality, safe place to play, relax and talk
- We work actively with partners and connect families to them, ensuring they have access to relevant information and advice

We will continue developing and providing Mondays, Wednesdays and Thursdays Together and throughout the next year we will

- continue to provide a service which is both preventative (through guidance, support and advice) and reactive (in the case of families in crisis) for all of our families.
- continue to be a community that is friendly, welcoming and safe
- continue to work alongside parents, empowering them to explore possibilities for assistance, but also by helping them to recognise and draw upon the strength and knowledge within themselves and their communities.

Within our 5 year current Big Lottery grant (until March 2020) we have set, and are accountable for delivering against, the following outcomes;

- 1) **Children 0-3 yrs will have increased social and emotional learning potential, through play, better preparing them for school.**
- 2) **Families with children 0-3 yrs have increased health and well being**
- 3) **Parents/primary care givers are more confident, building better family relationships**
- 4) **Parents/carers will gain confidence and new skills that increase their life chances, making them stronger and economically independent**

We will continue to report against each of these outcomes across the years and complete a full 5-year monitoring and evaluation report at the end of year five. Alongside this we are accountable for delivering against other monitoring requirements and will report on these to our funders in a timely manner.

We have been successful in securing funding for the project for 2019-2020 and are looking ahead to the years following this to ensure we are fully sustainable into the future, continuing to action and build upon the work from our Organisational Strengths Review.

We have already made huge strides in diversifying our income streams and have secured all necessary funding for 19-20 including our Community Fund Grant, City Council Community and Area Committee grants, and a Sobell Foundation grant. Our Sobell Foundation grant is a

multi-year funding stream, so we already have £10,000 per year for the next three years. Alongside this we have secured £5000 per year from St James's Place for the next two years.

We intend to build on this, looking at further opportunities for fundraising and corporate sponsorship. During 2019-2020 we will be holding a fundraising event and will be attending local fairs and festivals. We are also providing information and opportunities for individuals and organisations that want to fundraise on our behalf.

We have the honour of being one of the Mayor's Charities of the Year in 2019-2020 and are excited about the opportunities and profile raising that this will bring.

We will continue listening to and responding to the presenting needs of families as and when needed, whilst continuing to make any necessary changes at a strategical level to ensure our sustainability following the conclusion of our Big Lottery Community Fund grant in March 2020.

We will continue to monitor and evaluate the provision ensuring families are an integral part of this process and we will continue to increase our professional network relevant to current and predicted needs of both our families and our organisation.

We would like to thank all of our funders and partners

WORKING TOGETHER TO SUPPORT FAMILIES IN CAMBRIDGE

The National Lottery Community Fund

National Lottery Awards For All

Cambridge City Council North Area Committee

Cambridge City Council Community Grants

Talking Together in Cambridgeshire

Tesco Bags of Help

Cambridgeshire Community Foundation
(we acknowledge this grant from the following organisations - Hopkins Homes Building Communities Fund, The Birketts Grassroots Endowed Fund, The Dulverton Trust, ARM Cambridge Community Fund)

A&E Education Trust

Santander Foundation

Cambridge Children's Charity Week

Chapman Charitable Trust



We deliver our project from The Fields Child and Family Centre, The North Cambridge Child and Family Centre and Browns Field Youth and Community Centre, all of whom we would like to thank in their continued support of the project.

We would also like to thank FareShare and Cambridge City Food Bank, our partners in tackling food poverty in Cambridge.

